



PATINA

MALDIVES • FARI ISLANDS



PATHWAYS TO PERPETUALITY: PATINA MALDIVES, FARI ISLANDS LAUNCHES PATHWAYS: HALO SERIES OF TRANSFORMATIVE EVENTS WITH 'EXPERIENCE AS HEALING' WEEKEND

Resort innovator marks second anniversary with inaugural event in Pathways: Halo series designed to kindle New Life Habits, from 2-3 June

From ancient spiritual practices to the fast-moving frontiers of biohacking, guests staying at [Patina Maldives, Fari Islands](https://www.patinahotels.com) from 2-3 June will explore new avenues to emotional, physical and intellectual harmony during an inspirational weekend. Marking the resort's second anniversary, the two-day 'Experience as Healing' journey is the first in a new *Pathways: Halo* series of events that seek to stimulate and nurture lasting personal transformations, habitualising new lifestyle practices and imbuing guests' lives with greater depth and intention.

Encompassing a selection of complimentary programming and premium personalised sessions, 'Experience as Healing' will convene leaders in psychosocial health, nutritional science and esoteric practices, encouraging seasoned yogis and curious dabblers alike to unfold, unfurl and open the hidden doors within in pursuit of transformative healing. Freely available to resort guests, the all-access programme opens with a sound healing ritual and 'Learning to Breathe' session, as LA-based sound meditation and breathwork practitioner, [Avery Whitmore](#), encourages participants to ground, reorientate and reattune themselves to the natural rhythms of their bodies

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A welcome reception hosted by award-winning ambassador for positive drinking, Claire Warner, will inspire guests to embrace no- and low-alcohol beverages. Guests open to embracing lifestyle change - whether for health, cultural or religious reasons - will gain the confidence and motivation to appreciate natural ingredients, ethical production values and health benefits alongside more conventional considerations.

Other highlights of the weekend range from conceptual communal dining experiences, including a plant-based breakfast at Patina Maldives' signature restaurant, Roots; to morning yoga, and personalised 'My Pathways' masterclasses. Guests can also learn to unlock their creativity by exploring the art, science and new paths towards better sleep with digital wellness expert and global healthcare futurist [Tony Estrella](#).

"This inaugural event marks an ambitious evolution of the overall guest experience at Patina Maldives; an opening up of myriad interconnected journeys that weave through signature Pathways: Halo events, an enriching cycle of Collaborations with visiting specialists, and perennial weekly resort activities." says Antonio Saponara, general manager of Patina Maldives, Fari Islands.

"When technology wasn't interrupting the natural rhythms of our body - when we lived by the seasons, by the sun and the moon - we were much more in tune. An example and practice in increasing demand is breathwork, a method of controlled breathing that has its origins in the ancient yogic exercise of Pranayama. In the elevated state of mind, we ascend toward a more invigorating world, taking on a universal perspective." adds Jinou Park, creative director of the 'Experience as Healing' event. *"The notion of experience as medicine - medicine that plays a transformative role to ground, re-orientate and heal - is taking root."*

For further information and updates on 'Experience as Healing' at Patina Maldives, Fari Islands, visit <https://patinahotels.com/maldives-fari-islands/experience-as-healing>. Rates at Patina Maldives, Fari Islands start from USD1,552 (approx. GBP1,245) per night based on two adults sharing a One Bedroom Pool Villa in June 2023, excluding tax and service.

Receive 25 per cent off villa accommodation with the '[Summers at Patina Maldives](#)' package, plus complimentary half board, return airport boat transfers for stays of four consecutive nights or more, and complimentary [Guest Benefits](#). Stay must be booked 30 days in advance. Terms and conditions apply. To book visit patinahotels.com/maldives-fari-islands, email reservations.maldives@patinahotels.com or tel. +960 4000 555. Part of the Global Hotel Alliance (GHA) DISCOVERY loyalty programme, Patina Maldives, Fari Islands recently enhanced its offering so that PATINA DISCOVERY members at all levels can now expect even more VIP recognition, rewards and access to members-only experiences.

View Patina's new Pathways video [here](#).

Download accompanying [images](#).

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NOTES TO EDITORS:

ABOUT PATINA MALDIVES, FARI ISLANDS

Patina Maldives, Fari Islands is the inaugural flagship property from sophisticated new lifestyle brand Patina Hotels & Resorts, the latest hospitality concept by Capella Hotel Group. Designed by renowned Brazilian architect Marcio Kogan, Patina Maldives offers 90 contemporary one- to three-bedroom Beach and Water Pool Villas, alongside 20 Fari Studios, all of which embody a harmony of sanctuary and stimulation. Set in the Fari Islands archipelago in North Malé Atoll, guests can immerse themselves in a new expression of island life through thoughtful tailor-made wellness journeys, interactive music programmes, captivating culinary experiences, and bask in the light-filled Amarta, a James Turrell Skyspace pavilion — all while embracing the vibrant social scene that emanates from the destination's communal heart: the Fari Marina Village and Fari Beach Club.



ABOUT PATINA HOTELS & RESORTS

Patina Hotels & Resorts is the latest hospitality concept from Capella Hotel Group. Born out of guests' desire to honour individuality, Patina appeals to a new generation of travellers who seek deeper connections with themselves and the world around them. The human-centred design flows with the natural modes people are in, gently and intuitively providing for each guest's individual needs, ensuring that no two stays are exactly the same.

A five-star, sophisticated lifestyle brand, Patina Maldives, Fari Islands was the first launch, with further properties in Osaka and Sanya also in development. Patina Hotels & Resorts is a member partner of DISCOVERY, a multi-brand loyalty programme representing a collection of 40 independent hotel brands over 100 countries worldwide.

ABOUT FARI ISLANDS

Fari Islands is an elevated Maldivian resort experience that celebrates nature, craft and connection. A Pontiac Land Group development anchored by three world-class hospitality brands, Fari Islands is located in the North Malé Atoll within the Maldives, a 50-minute luxury boat transfer from Malé International Airport. The archipelago also features the picturesque Fari Marina Village, built around a vibrant Beach Club, charming boutiques and a selection of handpicked, upscale food and beverage options. Spaces have been masterfully designed by renowned architects from Studio MK27 (by Marcio Kogan), Kengo Kuma & Associates, and Kerry Hill Architects, to bring about a delicate balance of serene and social. One of the islands is home to a thoughtful hospitality campus; Fari Campus is a dedicated island for staff with a focus on community, education, and engagement, and is the first of its kind in the Maldives.

For further press information or images on Patina Hotels & Resorts, please contact Frog & Wolf PR:

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