

THE IKIGAI WAY

The Art of Living with Intention



PATINA

MALDIVES • FARI ISLANDS



A Retreat in Purpose & Presence
Awa·ré Collective presents

YOGETSU AKASAKA

Retreat Overview

Take a mindful pause from the pace of life and realign with clarity, purpose, and presence in this immersive retreat led by **Yogetsu Akasaka** — Zen Buddhist priest & internationally acclaimed artist — together with Awa·ré Collective, curators of immersive and intentional experiences. Rooted in the Japanese philosophy of Ikigai, the program weaves ancient wisdom with modern practices to help you reconnect with your true calling and the passions that guide your life.

Set within the serene sanctuary of Patina Maldives, the retreat goes beyond rest and rejuvenation. Through daily embodied practices, sound meditations, and mindful rituals, you will rediscover your inner compass, cultivate sustainable energy, and awaken to a more intentional way of living — with clarity of purpose.

Experience Highlights

Sacred Cacao & Fire Ritual

Begin your journey inward with a grounding, heart-opening ceremony — connecting with self, others, and the land as you set intentions for the path ahead.

Clarity Breathwork

Release emotional blockages and create space for insight through conscious, expansive breathwork.

Zen Immersive Sound Journey

Tune into your energy and restore balance through transformative healing sound vibrations.

Voice Activation

Reclaim your voice and express your truth through sound, chanting, and vocal practices.

The Ikigai Way

A guided exploration into your true purpose, blending teachings with practices that inspire fulfillment and meaning.

Watsu Therapy

Surrender into serenity and flow as the water element cradles you through gentle movements, inviting deep somatic release and profound restoration.

Embodied Flow

Reconnect with your body through intuitive, playful movement that release tension and invite ease.

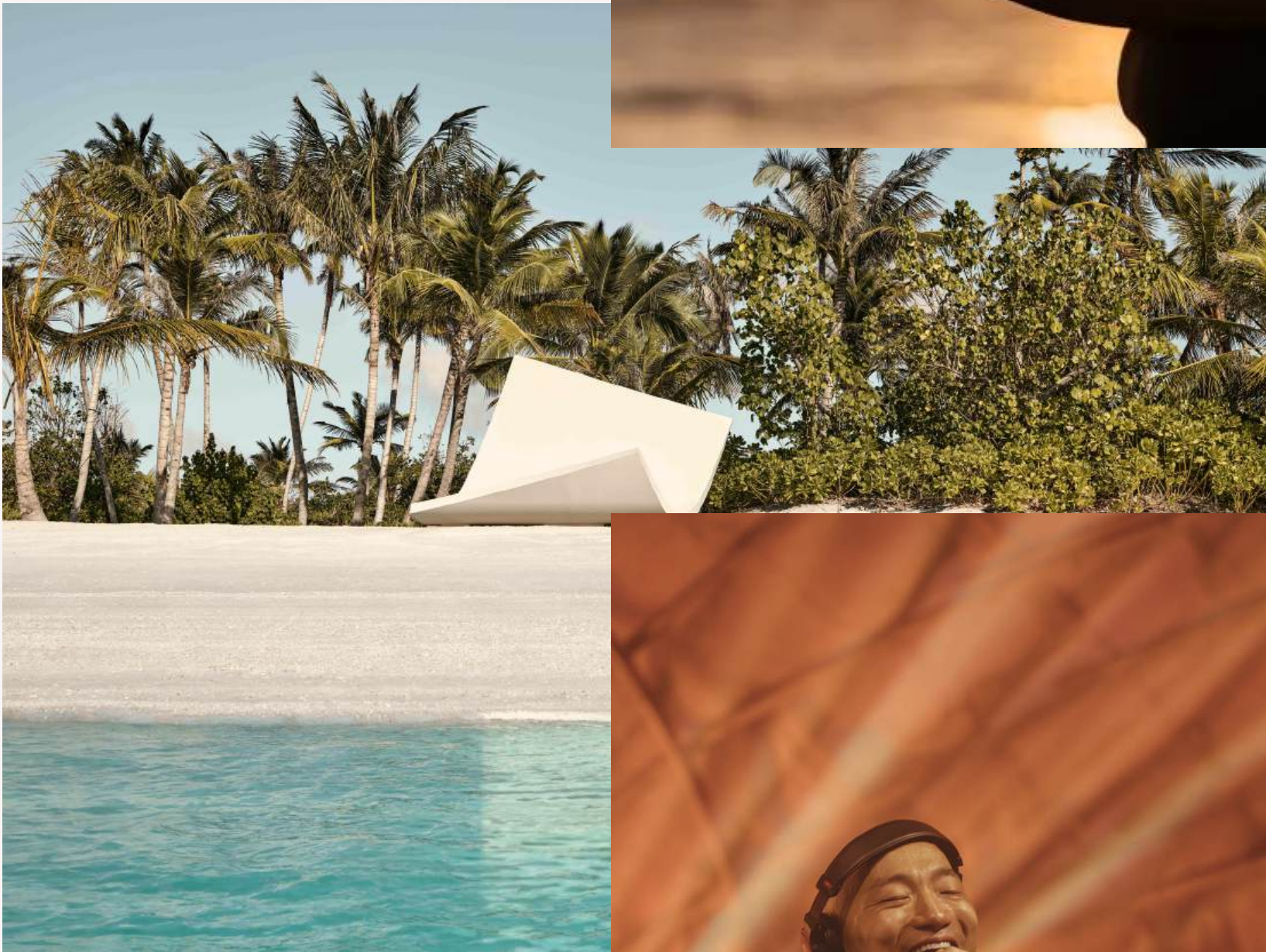
Harmony on the Plate

Inspired by ancient wisdom, the mindful dining experience designed to restore balance — nourishing body, mind, and soul in alignment with intentional living.

Daily Flow

Morning

Sunrise Zen Meditation
Grounding Practice
Light Breakfast
Ikigai Discovery Session



Midday

Nourishing Group Lunch
Reflection & Free Time
1:1 Guidance or Spa Experiences
Group Activation with Yogetsu



Evening

Sunset Dinner
Evening Reflection & Sharing Circle
Bedtime Tea Ritual



About Your Guide

Yogetsu Akasaka — A Zen Buddhist priest, live-looping artist, and meditation musician, Yogetsu leads improvised sound journeys that cultivate awareness, clarity, and self-discovery. Blending handpan, beatboxing, and Buddhist mantras, his work embodies Zen philosophy and rooted in the traditional Japanese practice of Ikigai — discovering one's reason for being and what brings fulfillment, passion, and joy. Recognized globally through his viral Heart Sutra Beatbox Remix and festival performances, Yogetsu also guides workshops in breathwork, voice, and movement, helping people reconnect with themselves and the present moment.

Awa-ré Collective designs conscious, immersive journeys that bring people into alignment with themselves and the world around them. Bridging ancient wisdom with contemporary tools, they guide participants toward intentional living and soulful leadership. In collaboration with Yogetsu, they invite you to step into stillness, reflection, and purposeful renewal.

Who Is This Retreat For?

This retreat is for those ready to deepen their sense of purpose and reconnect with what brings meaning and joy to life. It is designed for individuals seeking to live more consciously and purposefully — whether easing the pressures of leadership, preventing burnout, or simply choosing a more intentional path. Through guided practices that nurture mind, body, and spirit, you will return with greater clarity, renewed energy, and the tools to live with alignment and purpose.

Package Price:

Studios - USD 4,700 | Double - USD 6,600

Beach or Water Pool Villa - Single USD 9,500 | Double 11,500

What's Included:

- 3 Nights premium full board of luxury accommodation at Patina Maldives
- All workshops, rituals, and ceremonies within the retreat program
- Daily nourishing meals and wellness drinks crafted for balance and vitality

Above rates are inclusive of tax and service charge and Green Tax

Spots are intentionally limited to offer an exclusive, highly personalized experience.

Booking: reservations.maldives@patinahotels.com

Whatsapp Enquiries: +41 79 7899038



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Patina Maldives, Fari Islands, North Malé Atoll, 2026
The Republic of Maldives
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