

RHYTHM ACTIVITIES

Soul-freeing experiences designed to expand your time at Patina Maldives.



PATINA
MALDIVES • FARI ISLANDS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	08:00 AM **Flow Yoga	08:00 AM **Beach Bootcamp at Helios	08:00 AM **Flow Yoga	8:00 AM **Perpetual Movement (Island Run 3km)	8:00 AM ** Mat Pilates	08:00 AM **Flow Yoga
11.00 AM Badminton At Veli Beach	11.00 AM Beach Tennis At Veli Beach	11.00 AM Water Polo At Veli Pool	11.00 AM Petanque At Veli Beach	11.00 AM Badminton At Veli Beach	11.00 AM Beach Tennis At Veli Beach	11.00 AM Petanque At Veli Beach
2.00 PM **Coffee Art by our Barista at Portico	2.00 PM **Coffee Art by our Barista at Portico	2.00 PM **Coffee Art by our Barista at Portico	2.00 PM **Coffee Art by our Barista at Portico	2.00 PM **Coffee Art by our Barista at Portico	2.00 PM **Coffee Art by our Barista at Portico	2.00 PM **Coffee Art by our Barista at Portico
3.00 PM Foosball Tournament At Portico	3.00 PM Table Tennis Tournament At Portico	3.00 PM Billiards Tournament At Portico	3.00 PM Carrom Board Games	3.00 PM Foosball Tournament At Portico	3.00 PM Table Tennis Tournament At Portico	3.00 PM Maldivian Dodgeball At Veli Beach
	4:00 PM Marine Biology Presentation		4:00 PM Marine Biology Presentation	4:00 PM **Social Tennis with our Pro (12+)	4:00 PM Marine Biology Presentation	4:00 PM **Eco Memories- Tree planting (Meeting point at Footprints)
6.00 PM **Aqua Bike (HIIT Training)	6.00 PM **TABATA (HIIT Training)		6.00 PM **TABATA (HIIT Training)			
						8:00 PM Family Cinema Night 8-10pm

The above schedule is a weekly program of scheduled activities and can be booked via your Essentialist. Any activities with the ** symbol will have limited spaces available and required 24 hours advance reservation. Activities are subject to change or may be cancelled due to unforeseen weather or operational challenges.

VIBES ACTIVITIES

Soul-freeing experiences designed to expand your time at Patina Maldives.



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9.00AM to 8.00PM Flow Rejuvenation Package – 3.5 hours (612++ per person)</p>	<p>10.00 AM Private Reformer (90 ++ per person)</p>	<p>10.00 AM Make your F1 Car at Footprints, Age 6 and + (80 ++ per car)</p>	<p>11.00AM to 8.00PM Relaxing Flow Package – 3.5 hours (484++ per person)</p>	<p>10.00 AM **Group Mat Pilates (50 ++ per person)</p>	<p>10.00 AM **Group Aqua Bike Age: 18 and + (50 ++ per person)</p>	<p>10.00 AM Make your F1 Car at Footprints, Age 6 and + (80 ++ per car)</p>
<p>11:00 AM Coral Adoption Program with Marine Biologist (150++ per person)</p>	<p>11.00AM to 8.00PM Energizing Flow Package – 3 hours (450++ per person)</p>	<p>10.00 AM **Private Reformer (90 ++ per person)</p>	<p>11.00AM to 8.00PM Flow Rejuvenation Package – 3.5 hours (612++ per person)</p>	<p>11:00 AM Coral Adoption Program with Marine Biologist (150++ per person)</p>	<p>11.00AM to 8.00PM Energizing Flow Package – 3 hours (450++ per person)</p>	<p>11.00AM to 8.00PM Flow Rejuvenation Package – 3.5 hours (612++ per person)</p>
<p>3.00 PM Hat Customizing workshop (hat decorations and painting) Price average \$300++</p>	<p>3.00 PM Hat Customizing workshop (hat decorations and painting) Price average \$300++</p>	<p>3.00 PM Hat Customizing workshop (hat decorations and painting) Price average \$300++</p>	<p>3.00 PM Hat Customizing workshop (hat decorations and painting) Price average \$300++</p>	<p>3.00 PM Hat Customizing workshop (hat decorations and painting) Price average \$300++</p>	<p>3.00 PM Hat Customizing workshop (hat decorations and painting) Price average \$300++</p>	
<p>4:00 PM Mixology Lesson by Mixologists in Fari Beach Club (95 ++ per person)</p>	<p>4:00 PM Mixology Lesson by Mixologists in Fari Beach Club (95 ++ per person)</p>	<p>4:00 PM Mixology Lesson by Mixologists in Fari Beach Club (95 ++ per person)</p>	<p>4:00 PM Mixology Lesson by Mixologists in Fari Beach Club (95 ++ per person)</p>	<p>4:00 PM Mixology Lesson by Mixologists in Fari Beach Club (95 ++ per person)</p>	<p>4:00 PM Mixology Lesson by Mixologists in Fari Beach Club (95 ++ per person)</p>	<p>4:00 PM Mixology Lesson by Mixologists in Fari Beach Club (95 ++ per person)</p>
<p>4.00 PM Cooking Class, Plant Based Food Making by Roots Chef (195 ++ per couple)</p>	<p>4.00 PM **Group Mat Pilates (50 ++ per person)</p>		<p>4:00 PM F1 Car race at Portico Age 6 and + (80 ++)</p>			
<p>5:00 PM Sustainable and Biodynamic Wine Tasting in Farine, Hosted by our Chief Sommelier 3 white wines, 2 red wines (160 ++ per person)</p>	<p>5:00 PM Sustainable and Biodynamic Wine Tasting in Farine, Hosted by our Chief Sommelier 3 white wines, 2 red wines (160 ++ per person)</p>	<p>5:00 PM Sustainable and Biodynamic Wine Tasting in Farine, Hosted by our Chief Sommelier 3 white wines, 2 red wines (160 ++ per person)</p>	<p>5:00 PM Sustainable and Biodynamic Wine Tasting in Farine, Hosted by our Chief Sommelier 3 white wines, 2 red wines (160 ++ per person)</p>	<p>5:00 PM Sustainable and Biodynamic Wine Tasting in Farine, Hosted by our Chief Sommelier 3 white wines, 2 red wines (160 ++ per person)</p>	<p>5:00 PM Sustainable and Biodynamic Wine Tasting in Farine, Hosted by our Chief Sommelier 3 white wines, 2 red wines (160 ++ per person)</p>	<p>5:00 PM Sustainable and Biodynamic Wine Tasting in Farine, Hosted by our Chief Sommelier 3 white wines, 2 red wines (160 ++ per person)</p>

Please note that 24 hours advance reservation is required for all activities and can be booked via your Essentialist. All prices are in USD and subject to 10% service charge and 12% Government Tax. Activities are subject to change or may be cancelled due to unforeseen weather or operational challenges.